

## Soccer Skills Assessment for Individuals

Name: \_\_\_\_\_  
Jersey Number: \_\_\_\_\_  
Team Name: \_\_\_\_\_  
Delegation: \_\_\_\_\_

Athlete       Partner  
Coach's Name: \_\_\_\_\_  
Evaluator's Name: \_\_\_\_\_  
Date of Evaluation: \_\_\_\_\_

### Individual Assessment for Team Play

#### A. Ball Skills

(one choice- should be the most representative of the athlete's skill level)

- Has difficulty dribbling and trapping ball (2)
- Possesses some ball skills but they are very limited (3)
- Can control ball with dominant foot only (4)
- Can control ball with both feet (5)
- Has ability to dribble either direction with token pressure (6)
- Has ability to beat defender (while dribbling) regulary with dominant foot (7)
- Has ability to beat defender (while dribbling) regulary with either foot (8)

Score:

#### B. Passing

(one choice- should be the most representative of the athlete's skill level)

- Has difficulty completing a pass/short pass to a teammate (2)
- Can sometimes make a pass to an open teammate with token pressure (3)
- Can only complete a pass to teammate after looking directly at him/her or with prompting (4)
- Has ability to choose best type of pass (to feet or to space) without prompting (5)
- Has ability to consistently complete a one touch or two touch pass to an open teammate (6)
- Controls game with ability to complete a pass to open player when they are in good position (8)

Score:

#### C. Movement

(one choice- should be the most representative of the athlete's skill level)

- Maintains a stationary position; does not move to a loose ball (2)
- Moves only 1-2 steps toward ball or opponent (3)
- Moves toward ball; but reaction time is slow and only in a limited area of the field(4)
- Movement permits adequate field coverage for player's position (5)
- Good field coverage; reasonably aggressive (6)
- Exceptional field coverage; aggressive anticipation (8)

Score:

#### D. Game Awareness

(one choice- should be the most representative of the athlete's skill level)

- Sometimes confused on offense and defense; may not always undertand where they are on field (2)
- Can play in fixed position as instructed by coach; may go after an occasional loose ball (3)
- Limited understanding of the game and can make some offensive or defensive decisions - coach prompted (4)
- Moderate understanding of the game, some off and def decisions and can occasionally participate in an offensive counter-attack (6)
- Advanced understanding of the game and mastery of soccer fundamentals (8)

Score:

#### E. Shooting

(one choice- should be the most representative of the athlete's skill level)

- Periodically can strike ball on goal from close range of 7 yards or closer(2)
- Can make shots regularly from close range (3)
- Can make shots inside of close range and occasionally attempts a mid range shot of 8 to 12 yards (4)
- Can put mid range shots of 8 to 12 yards on goal with moderate pace (5)
- Can consistently make close and mid range shots and will attempt shots beyond 12 yards (6)
- Has excellent shooting form, can strike the ball with pace and makes shots from any range 15 yards and in (8)

Score:

**F. Defense**

(one choice- should be the most representative of the athlete's skill level)

Does not understand defensive position or principles, often beaten by a defender on the dribble or to loose balls (2)

Some understanding of defensive position and principles, sometimes beaten by a defender on the dribble or to loose balls (3)

More understanding of defensive position, can perform a tackle, goes after loose balls within 3 to 4 steps (4)

Good understanding of defensive position and principles, does not get beat often, aggressively

goes after loose balls, gets many, ability to clear ball (6)

Exceptional ability to get to defend, wins most loose balls, ability to clear the ball, shut down-type defender (8)

Score:

**G. Goalkeeping**

(one choice- should be the most representative of the athlete's skill level)

Does not understand goalkeeping position, tentative when shots come at goal (2)

Some understanding of goalkeeping position, can block some shots directly at him/her (3)

Some understanding of goalkeeping position, can block and catch shots directly at him/her (4)

Better understanding of goalkeeping position, can block, catch shots directly at him/her or within a couple of steps to either side (5)

Good understanding of goalkeeping position, can move to save some more difficult shots, can distribute the ball to an open player (6)

Exceptional ability to save shots, aggressively goes after loose balls in the goal box, distributes effectively to start the offense (8)

Score:

TOTAL SCORE:

Divide TOTAL SCORE by 7 to determine OVERALL RATING

(round off to the nearest tenth i.e. 4.97 = 5.0 or 3.53 = 3.5)

OVERALL RATING:







